MEDICAL ALERT

IgG4-related disease

I have IgG4-related disease, a chronic immune-mediated condition.

I take long-term steroids and/or immunosuppressant medication.

Do not stop my steroids suddenly. Abrupt withdrawal can cause a life-threatening adrenal crisis.

NAME _____

DATE OF BIRTH _____

See reverse for emergency guidance.

TO HEALTHCARE PROFESSIONALS

In illness, injury, surgery, or if I cannot take my medication, I may need increased (stress-dose) corticosteroids. Please contact my specialist urgently.

I am immunosuppressed: higher infection risk, and infection may show without typical signs. Please assess carefully.

Adrenal crisis: severe weakness, vomiting, drowsiness, confusion, low blood pressure. Treat as an emergency; may need parenteral hydrocortisone and fluids.

MEDICATION & DOSE _____

SPECIALIST / HOSPITAL _____

EMERGENCY CONTACT _____

More information: igg4.org

Completed by patient; details to be confirmed by physician