

MEDICAL ALERT		IgG4-related disease
I have IgG4-related disease, a chronic immune-mediated condition. I take long-term STEROIDS and/or IMMUNOSUPPRESSANT medication.		
Do not stop my steroids suddenly. Abrupt withdrawal can cause a life-threatening adrenal crisis.		
Name: _____		
Date of birth: _____		
See reverse for emergency guidance		

Print double-sided (flip on long edge) at 100% / actual size, then cut and laminate.

TO HEALTHCARE PROFESSIONALS

In illness, injury, surgery, or if I cannot take my medication, I may need increased (stress-dose) corticosteroids. Please contact my specialist urgently.

I am immunosuppressed: higher infection risk, and infection may show without typical signs. Please assess carefully.

Adrenal crisis: severe weakness, vomiting, drowsiness, confusion, low blood pressure. Treat as an emergency; may need parenteral hydrocortisone and fluids.

Medication & dose: _____

Specialist / hospital: _____

Emergency contact: _____

More information: igg4.org *Completed by patient; details to be confirmed by physician*

Reverse side. Do not scale to fit; print at 100%.